Operation M.O.V.E presents:

NYC Department of Veterans' Services

Our Next Monthly Veterans Social

Move-A-Thon

Be prepared to move through 3 decades of music!

Come ready to burn off some calories before Thanksgiving!

Includes:

Exercise
Refreshments
Giveaways
Resources

When: Friday, November 21, 2025
Time: 11:30 am - 12:30 pm
Location: 2044 Adam Clayton Powell Blvd
Cost: Free

Expect to have fun!
Inviting any veteran and their caregiver/loved one.

To register call: 571-310-0261
or email: mtm@movetomotivatellc.com