

Plant-Based Meat Alternatives Example Product List

All of the plant-based products listed below contain ≤ 480 mg sodium per serving and can be served by agencies and contracted providers following the [NYC Food Standards for Meals and Snacks Purchased and Served](#) (the Standards). The items listed on the left side meet the Food Standards requirement for whole/minimally processed plant protein and those on the right do not.

This product list is provided as an example only. City Agencies and contracted programs may serve items listed below or other foods or similar products that meet the Standards. Inclusion on this list is not an endorsement of any product by the New York City Health Department or the City of New York. Always read Nutrition Facts labels to confirm a product meets the Standards. To request inclusion of additional products on this list, please contact nycfoodstandards@health.nyc.gov.

This list of plant-based meat alternatives is broken down into the following categories:

1. Plant-Based Burgers
2. Crumbles, Grounds, and Meatballs
3. Unbreaded Strips, Wings, and Bites
4. Bacon/Sausage Alternatives
5. Tofu/Tempeh Blocks
6. Plant Protein Pastas
7. Breaded Tenders and Nuggets
8. Patties/Cutlets
9. Falafel

Meet Whole/Minimally Processed Plant Protein Requirement	Can Be Served but Do Not Meet Whole/Minimally Processed Plant Protein Requirement
1. Plant-Based Burgers	1. Plant-Based Burgers
Actual Veggies Black Bean Veggie Burger	Actual Veggies Super Greens Veggie Burger
Dr. Praeger's Black Bean Quinoa Veggie Burger	Beyond Plant-Based Burger
Gardein Ultimate Black Bean Burger	Beyond Plant-Based Cookout Classic
Hodo Tofu Veggie Burger	Dr. Praeger's Plant-Based All American Drive-Thru Burger
MorningStar Farms Grillers Original Burgers	Dr. Praeger's California Veggie Burger
MorningStar Farms Grillers Prime Burgers	Dr. Praeger's Plant-Based Perfect Burger
MorningStar Farms Spicy Black Bean Burgers	Gardein Be'f Burger
NoBull Original Veggie Burger	Gardein Ultimate Plant Based Burger
NoBull Sundried Tomato Veggie Burger	Impossible Burger Patties Meat from Plants
NoBull Spicy Italian Veggie Burger	Impossible Indulgent Patties Meat from Plants
NoBull Madras Curry Veggie Burger	MorningStar Farms Garden Veggie Burger
Mr. Pierogi Veggie Burger	365 Traditional Plant-Based Burgers
WildKale NYS Veggie Burger	
2. Crumbles, Grounds, and Meatballs	2. Crumbles, Grounds, and Meatballs
Big Mountain Cauliflower Veggie Crumble	Beyond Beef Plant-Based Ground
BeHive Vegan Italian Crumbles	Beyond Beef Plant-Based Feisty Crumbles
Hodo Plant-Based Adobo Mexican Crumbles	Beyond Beef Plant-Based Original Crumbles
Hodo Vegan all-day egg scramble	Impossible Beef Meat from Plants
MorningStar Farms Grillers Crumbles 100% Plant Protein	Impossible Beef Lite Meat from Plants
	Impossible Pork Meat from Plants
	Gardein Plant-Based Meatballs
	Impossible Homestyle Meatballs Meat from Plants
	Impossible Italian Meatballs Meat from Plants
	365 Whole Foods Market Plant-Based Meatballs

Meet Whole/Minimally Processed Plant Protein Requirement	Can be Served but Do Not Meet Whole/Minimally Processed Plant Protein Requirement
3. Unbreaded Strips, Wings, and Bites	3. Unbreaded Strips, Wings, and Bites
BeHive Vegan Wing Meat Blocks	Abbot's Chopped Chick'n
Beyond Steak Plant-Based Seared Tips	Abbot's Fajita Chick'n
Hodo Thai Curry Nuggets	Blackbird Original Seitan
	Blackbird Rosemary Garlic Seitan
	Daring Original Plant Chicken Pieces
	MorningStar Farms Chik'n Strips
4. Bacon/Sausage Alternatives	4. Bacon/Sausage Alternatives
BeHive Vegan Breakfast Sausage	Beyond Breakfast Sausage Original Plant-Based Patties
Big Mountain Sunny Superfood Breakfast Bites	Impossible Savory Sausage Patties Meat from Plants
Field Roast Plant-Based Apple & Maple Breakfast Sausage	365 Whole Foods Market Plant-Based Breakfast Patties
MorningStar Farms Vegan Maple Sausage Patties	
MorningStar Farms Original Vegan Sausage Patties	
Upton's Naturals Seitan Bacon	
5. Tofu and Tempeh Blocks	5. Tofu and Tempeh Blocks
Big Mountain Soy-Free Tofu	
Big Mountain Soy-Free Smoked Tofu	
Big Mountain Baked Sriracha Fava Tofu	
Hodo Braised Tofu	
Lightlife Tempeh Original	
Lightlife Tempeh Three Grain	
6. Plant Protein Pastas	6. Plant Protein Pastas
Ancient Harvest Protein Green Lentil Pasta	
Ancient Harvest Protein Red Lentil Rotini	
Banza Pasta Chickpea Pasta	
Barilla Red Lentil Pasta	
Barilla Chickpea Pasta	
Chickapea Pasta	
Explore Cuisine Organic Green Lentil Penne	
Explore Cuisine Organic Chickpea Fusilli	
Explore Cuisine Organic Edamame & Mung Bean Fettuccine	
Explore Cuisine Organic Black Bean Spaghetti	
Explore Cuisine Organic Edamame Spaghetti	
Kaizen Food Company Pasta (lupin-bean based)	
Kaizen Food Company Low Carb Pasta (lupin-bean based)	
Simple Truth Organic Gluten Free Red Lentil Pasta	
Simple Truth Organic Gluten Free Chickpea Pasta	
7. Breaded Tenders and Nuggets	7. Breaded Tenders and Nuggets
	Impossible Chicken Nuggets Meat from Plants
	Impossible Chicken Tenders Meat from Plants
	MorningStar Farms Chik'n Nuggets
	365 Whole Foods Market Chicken-Style Plant-Based Nuggets
8. Patties and Cutlets	8. Patties and Cutlets
	Eat Meati Classic Cutlet
	Eat Meati Classic Steak
	Good Catch Plant-Based Fish Fillets
	Impossible Chicken Patties Meat from Plants
	Impossible Spicy Chicken Patties Meat from Plants
	MorningStar Original Chik'n Patties
	365 Chicken-Style Plant-Based Breaded Patties

Meet Whole/Minimally Processed Plant Protein Requirement	Can be Served but Do Not Meet Whole/Minimally Processed Plant Protein Requirement
9. Falafel	9. Falafel
American Bean Co. Chick-P Falafel	
Blinzi Falafel Balls	
Winkle Star Foods Falafel Nuggets	