

# BOLD PRINT

OCTOBER/NOVEMBER 2017



*Thank You For  
Your Service,  
Sacrifice And  
Patriotism*

**CARING FOR DOC'S  
ACTIVE MILITARY**

**PINK LEMONADE**

**SISTA'S FULFILLING DREAMS**

**WARDEN SCOTT COMMITTED  
TO SERVING NYC**

**THREE QUESTIONS WITH  
ADW MITTON**





**CYNTHIA BRANN**  
Commissioner

## Commissioner's Message

As we begin the holiday season, I would like to thank you for all of your hard work. Together, we have built a strong foundation of reforms and I am confident that you will continue to move us forward as BOLD members of this Department.

This path you've chosen is not for everyone. As you know very well, with service comes great sacrifice. During the holidays, many of us are away from our family and friends. As your DOC family, I understand and appreciate your sacrifice and I am truly grateful for your dedication to this vital profession, to your coworkers and to your city.

During this time, remember that you are not alone and the C.A.R.E Unit as well as your supervisors are here to help. Best wishes for the Holiday Season.

Sincerely,

Cynthia Brann



NYC DOC  
Recruitment



@JoinTheBoldest  
@CorrectionNYC



NYCDOCTV



@JoinTheBoldest



NYC Department  
of Correction

**BOLD**PRINT

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## Three Questions With ADW Mitton (ESU)



1

### How has the Department increased training of in-service staff in the facilities?

- ▶ Expanding ESU training to officers in the Department.
- ▶ Giving officers instruction on a variety of training disciplines: Tactical Training,

Situational Awareness Training, Probe Team Training, New Defensive Tactics, and Use of Force policy.

2

### How do these trainings ensure the safety of staff?

- ▶ Provides staff with knowledge on how to de-escalate situations without force, deal with problems and keep themselves safe.
- ▶ Specialized training gives staff tools they need to deal with the special inmate populations they serve.

3

### What can be done to improve on the work that already has been implemented?

We have done a good job but we must ensure that staff are continuously trained on new strategies and receive refresher training.



# Warden Scott Committed to Serving NYC

BY: SHALEEM THOMPSON-BUSH



**“This Agency is at crossroads and I was raised on this job. I believe in the work that we do, the leadership we have and I want to take it to the next level and back to where we were as the Boldest,” said Scott.**

**Starting out at AMKC in the 90's when gangs and the crack epidemic were so prevalent, Warden Scott believes the challenges the Department faced then remains the same today. Staff are faced with adolescents and adults from their very own communities daily.**

“Before I was disconnected, this was not my condition I said, but when I got home I saw those boys in my son and couldn't look at this as a job anymore but as a service,” Scott added.

Twenty six years later, Warden Scott is honoring her commitment to service by leading staff at the North Infirmery Command (NIC) where she worked during various ranks in her career.

“I want staff to see and know that

they have leadership and Departmental support and tools,” Scott said.

“A lot of times when changes are made for inmates they don't realize it's an improvement for them as well. When lighting and ventilation is updated, that's a work place improvement for us. When we say how many inmates can be in a unit, that's a safety improvement for us. Video surveillance gives us another set of eyes and supervision that we didn't have before. So even though these things are masked, it takes a skilled manager to show that there is a win,” Scott added.

Recently re-opened in October, Scott acknowledges that there is still a lot of work ahead for NIC. However, with officers with 20 years on the job approaching her to say the unprecedented training and support they are receiving is meaningful to them, she is proud of the advancements.

“There is not a day that I put on my uniform that I don't feel proud and know I'm doing something good. I hope through my work in the Department everyone can feel this way.”

# MEET YOUR COLLEAGUES



**CO Parjohn**  
Operation Management Unit (OMU)

- 1 When and why did you decide to become a correction officer?**  
At the end of my deployment from Afghanistan in 2014, I made a moral decision to continue my service to the community by becoming a correction officer.
- 2 What are your hobbies outside of work?**  
Distance running, swimming, cooking, weight training and Thai boxing
- 3 What is the best advice you have ever received?**  
My dad said, "You cannot change the things you do not control. Change the things you have absolute control over!"
- 4 One thing that people may not know about you?**  
I have 11 years military experience and served in two military branches: 4 yrs 6 months within the US Navy and currently serve part-time with the US Army National Guard.
- 5 What do you want to be remembered for?**  
I would like to be remembered as a man of honor to the country in which I love and serve, a professional Law Enforcement Officer within the Correction Profession, a loving father, husband, son, brother, and friend.



**CO Brunson**  
Robert N. Danoren Complex (RNDC)

- 1 When and why did you decide to become a correction officer?**  
As a single-Mom, becoming a correction officer seemed the best way to contribute to Society while setting a good example for my son. So far, I believe I've succeeded quite well.
- 2 What are your hobbies outside of work?**  
I use my marketing skills to promote church events in my community.
- 3 What is the best advice you have ever received?**  
"Do the right thing."
- 4 One thing that people may not know about you?**  
I am a cancer survivor and proud of the person I've become.
- 5 What do you want to be remembered for?**  
After seventeen years of DOC service, I'd like to be remembered as a person who brings joy to others.



# Caring For DOC'S ACTIVE MILITARY

BY: JACK RYAN



In addition to their day-to-day duties, there are 48 uniform and non-uniform DOC members of service who are currently active in the Reserves and National Guard.

Although some of these men and women are trained and deployed locally, others are serving overseas in stressful and dangerous environments.

To make certain they know they are not forgotten even if they are deployed far from New York City, DOC's CARE Unit has created a team of 25 volunteer Military Advocates.

Before a MOS is deployed, she or he is interviewed by an advocate who has military experience. The advocate attempts to stay in communication, periodically sending greetings and other correspondence.

The advocate is also there to offer support when the MOS returns home. The transition from soldier back to Correction Officer is not always easy.

In praising the work of the Advocates, Correction Officer Christian Peralta, a veteran

and director of the program, recalled the words of famed aviator General James Doolittle who once said, "There is nothing stronger than the heart of a volunteer."

The number of officers active in the military is about to grow. Out of more than 1100 recruit officers who will soon graduate, 118 are in the military or are veterans.

CARE will hold a seminar for the Recruit Officers at which speakers from the VA and others will address home-buying and financial planning and the benefits available to those who served in the military.

In the month of November, please join the administration in showing DOC's veterans and reservists how much their service is appreciated.

# NEW STATE OF THE ART TECHNOLOGY IS COMING TO THE DOC!

Starting next month, we will roll out a computerized Use of Force tracking system to help reduce time spent on paper forms and reports.

## THE NEW CASE MANAGEMENT SYSTEM WILL:

- ⇒ Dramatically cut down the time staff spends filling out forms, such as UOF reports
- ⇒ Reduce the amount of paper wasted each day
- ⇒ Make information more readily available and sharable
- ⇒ Improve workplace efficiency, tracking and record keeping

Stay Tuned for More Details



THIS INFORMATION COMES TO YOU FROM THE



# C.A.R.E.

CORRECTION ASSISTANCE RESPONSE FOR EMPLOYEES  
STAFF WELLNESS AND RESOURCES



## RESOURCES AVAILABLE THROUGH THE C.A.R.E. UNIT FOR ALL DOC EMPLOYEES:

THE C.A.R.E. UNIT IS WORKING HARD TO ADD ADDITIONAL RESOURCES FOR STAFF. PLEASE CONTACT US @ 718-546-CARE OR STOP BY THE C.A.R.E. UNIT FOR ADDITIONAL INFORMATION.



24HR/7DAYS A WEEK  
CHILD CARE SERVICES



EMPLOYEE DISCOUNT  
PROGRAMS



CAR RENTAL DISCOUNTS



FULL BODY SCANNING



MILITARY RESOURCES



FINANCIAL COUNSELING



FIRST TIME HOME BUYERS  
PROGRAM



COUNSELING SERVICES



VICTIM SERVICES

480 MANDANICI ROAD, E. ELMHURST, N.Y. | 1370

**THE CORRECTION FAMILY HAS BEEN ASKED TO HELP IN THE COLLECTION OF TOYS TO DONATE TO THE CHILDREN OF SCO FAMILY OF SERVICES ON THURSDAY, DECEMBER 14, 2017**



Effective immediately until Monday, December 4, 2017, toys will be collected at every facility within the Department under the supervision of the Deputy Warden of Programs.

**For further information concerning the Holiday Toy Drive,**

Contact Captain Germaine Walker at (718) 546-3633, or Captain Kenya Elam at (718) 546-6420.



# 9

# TIPS TO COPE WITH HOLIDAY STRESS

Stress and depression can ruin your holidays and hurt your health. Being realistic, planning ahead and seeking support can help ward off stress and depression. By following these tips, you can minimize the anxiety that accompanies the holidays and may even end up enjoying it more than you thought you would.

## KEEP YOUR EXPECTATIONS BALANCED.

- ▶ You won't get everything you want, things will go wrong. Remember that everything doesn't have to be perfect and don't worry about things that are out of your control.

## DON'T TRY TO DO TOO MUCH.

- ▶ Fatigue, over scheduling, and taking on too many tasks can dampen your spirits.
- ▶ Learn to say no, delegate as much as possible and manage your time wisely.
- ▶ If you choose to do less you will have more energy to enjoy the most important part of the season - friends and family.

## DON'T ISOLATE.

- ▶ If you're feeling left out, then get out of the house and find some way to join in. There are hundreds of places you can go to hear music, enjoy the sights or help those less fortunate.

## DON'T OVERSPEND.

- ▶ Create a reasonable budget and stick to it. Remember it's not about the presents, it's about the presence.

## IT IS APPROPRIATE TO MOURN IF YOU'RE SEPARATED FROM OR HAVE LOST LOVED ONES.

- ▶ If you can't be with those you love make plans to celebrate again when you can all be together.

## WATCH YOUR DIET AND REMEMBER TO EXERCISE.

- ▶ It's normal to eat more during the holidays, but be aware of how certain foods effect your mood. If you eat fats and sweets, you will have less energy, which can make you feel more stressed and run down. It can be very helpful to take a walk before and/or after a big holiday meal.

## BE AWARE OF THE POST HOLIDAY SYNDROME.

- ▶ When all the hustle and bustle suddenly stops and you have to get back to the daily grind it can be a real let down. Ease out of all the fun by planning a rest day toward the end of the season.

## PLAN AHEAD.

- ▶ Many people don't go to the mall after Thanksgiving to avoid shopping stress and others do much of their party prep in advance.

## LEARN FORGIVENESS AND ACCEPTANCE.

- ▶ If some of your relatives have always acted out or made you feel bad, chances are that won't change. If you know what you're getting into, it will be easier to not let them push your buttons. If things get uncomfortable go to a movie or for a drive and adjust your attitude.



Despite your best efforts, you may find yourself feeling sad, anxious or irritable. The C.A.R.E. Unit is here to help.

**TO MAKE AN  
APPOINTMENT CALL  
(718)546-CARE**



# *Pink* LEMONADE

## How Jayshree Parikh Beat Breast Cancer Twice

BY: ALI PARKS

Jayshree Parikh is an Associate Staff Analyst who just celebrated her 24<sup>th</sup> anniversary with the Department. She is also a two-time breast cancer survivor with an incredible story.

When she first received the news, she was nervous and dismal. Immediately she began thinking about what should be taken care of and how she was going to tell her family.

“I wanted to die only once, not every day. I thought, I am going to deal with it, if it’s curable we will treat it. If it is not, it must be my time. Whatever happens, I have no regrets,” Parikh said.

After surgery and treatments, she learned she had beaten cancer. Never hiding her condition from anyone, she wanted to use her experience as a way to create awareness in others, and have them get tested as well.

Years later, she was diagnosed once again with breast cancer. She told herself, “I beat it once, I will beat it again.” And Parikh did.

She attributes her recoveries to her positive outlook, extensive support system, and her belief in God.

**“God gave me a lemon, but also gave me the sugar to make lemonade with it and enjoy life,” she said.**

Cancer is a disease that can impact the whole family, including the family at work. In honor of Breast Cancer Awareness Month (October), some DOC Officers wore a commemorative pink patch and some DOC staff wore a commemorative pink pin for the entire month.

Each year DOC participates in the Making Strides Against Breast Cancer walk which was held in Queens in October. Participants from the Department raised over \$13,783 which was donated to the American Cancer Society.



## 'Sistas' Fulfill Dreams for Cancer Patients

BY: JACK RYAN

Correction Officer Lorraine Emerson and nine friends came to the Ralph Lauren Center for Cancer Care in Harlem to make life a little brighter for 100 women being treated for cancer.

Emerson and her team came with 150 new wigs and gift bags filled with scarves and gloves paid for by donations from current and retired members of the NYC Department of Correction. In addition, each woman got a makeover along with the wig.

The team, members of Sista's Fulfilling Dreams, also brought trays of cakes and cookies turning Wig It for Cancer into a party.

Emerson, who has been with the Department for nearly 22 years, said Wig It was her idea and this was the fifth year for the event, each time at a different medical center.

"When these ladies first came to the event, the feeling was a little heavy," she said. "They are going through a very difficult time. But by the time they got their wigs and their makeovers and gift bags, their faces lit up. It was a wonderful experience for everyone."

The event ended with the volunteers and patients joining hands in prayer.

Special thanks to all of the volunteers who help to make Wig It For Cancer happen each year.



# WHAT'S UP DOC?

## A LOOK AT WHAT'S HAPPENING AT DOC



**EMERALD SOCIETY DINNER**



**DOC WELCOMES 2ND CEEDS PROGRAM NEW PARTICIPANTS**



**BREAST CANCER WALK**



**CIRCLE OF SISTERS**



**HIP HOP MOGUL RUSSEL SIMMONS VISITS**



**COLUMBIA SOCIETY DINNER**



**MECCA 1ST ANNUAL BANQUET DINNER**



**VETERANS DAY PARADE**

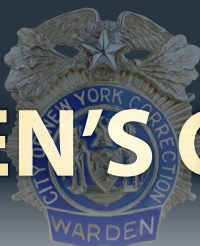
# CONGRATULATIONS

TO ALL THOSE PROMOTED AND APPOINTED AT OUR NOVEMBER 17<sup>TH</sup>, 2017 PROMOTIONS AND APPOINTMENT CEREMONY.



*"Your legacy will not be defined by the rank or title you hold. It will be defined by the success of others and by the lives you transform every day."*

*-Cynthia Brann, Commissioner*



# WARDEN'S CORNER

## GRVC

Has opened a Correction Officers Care Space in 12 Main. The location has been prepared to provide staff with a private space to be utilized during emergencies and to show staff the respect they deserve.

## OBCC

OBCC is now handling splashing's as an assault on staff which can carry a sentence of up to 15 years. Anyone who splashes staff will be processed for re-arrest and their commissary will be lowered at OBCC. After the second offense, commissary will be restricted indefinitely.

## RMSC

While on post, staff should practice situational awareness by positioning themselves in the housing areas where they have clear vision of the units. Be proactive.

Always maintain safe distances in all situations and don't allow anyone to invade your personal space.

Guidelines for appropriate personal use of social media:

All staff should use common sense when posting and consider that disparaging, vulgar or offensive comments about co-workers or work-related issues may have a negative effect on the work environment and violate existing departmental rules and policies.



**COMMAND  
WITH  
COURTESY**

*THE WORDS WE CHOOSE  
SPEAK VOLUMES.*



**CHANGE STARTS  
WITH YOU!**

*RESPECTFUL WORKPLACE*

*Gone But  
Not Forgotten*



*Jacqueline  
Welch*

*HR Administrative Manager*

*Happy Holidays*

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